



Do you suffer violence at home? Or do you see violence at home?

Find out here who can help you!



Eng Welt. Eng Mënschheet.

**gender
equality** 

Zesumme wuessen.

What is domestic violence?

Violence at home means :

Someone is hurt or threatened.

And: the violence takes place in the home or in the family.

What are the different types of domestic violence?

- **Physical violence:**

Someone hurts another person on their body.

For example: hitting, pushing, etc.



- **Emotional abuse:**

Someone treats another person badly

but does **not** touch them.

For example: insulting, threatening, manipulating, etc.



- **Sexual violence:**

Someone forces another person to have sex.

for example: touching, kissing, sex...

This person does **not** want to.



- **Financial abuse:**

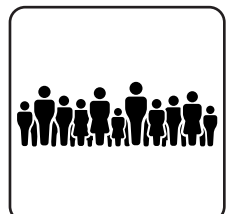
Someone controls what happens with money in the home.

For example: someone forbids another person to spend money.



Who can be affected by violence at home?

Violence at home can happen to anyone.



What can you do if you are a victim of violence at home?

Search for help

Contact :

- A **person you trust**,
- the **police**,
- or a counselling centre.

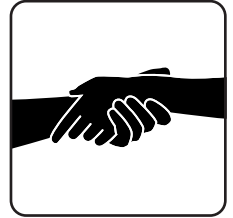
For example: **Pro Familia in Dudelange.**

These are people who know exactly how to help.

They know that anyone can be a victim of violence at home.

Anyone who needs help can go and see them.

You can find help and protection there.



51 72 72 440

Look for safe places

If possible go to a safe place.

A safe place is one where you **don't** experience violence.

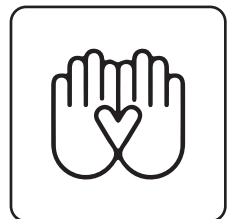
For example: a friend's house.



Don't feel guilty

You are **not** responsible for the violence.

No one has the right to hurt another person.



Where to find help?

If you experience or see violence at home:



Police
113

or



Hotline for
victims of violence
2060 1060

ORANGE WEEK

25.11 – 10.12

**NEEN ZUR GEWALT GÉINT
FRAEN A MEEDERCHER.**

**Non aux violences envers
les femmes et les filles.**

Orange Week

Orange Week shows:

Violence against women and girls is a big problem.

People all over the world participate.

Many buildings are lit up in orange.

There are also many events.

They inform people about the problem.

For example: exhibitions, meetings, ...

Orange Week takes place every year

from **25 November to 10 December**.

25 November is the **day against violence against women and girls**.

Orange Week ends on 10 December.

This is **Human Rights Day**.