



**Do you suffer violence at home?  
Or do you see violence at home?**

Find out here who can help you!



Eng Welt. Eng Mënschheet.

**gender  
equality**

Zesumme wuessen.

## What is domestic violence?

Violence at home means :

Someone is hurt or threatened.

And: the violence takes place in the home or in the family.

## What are the different types of domestic violence?

- **Physical violence:**

Someone hurts another person on their body.

For example: hitting, pushing, etc.



- **Emotional abuse:**

Someone treats another person badly

but does **not** touch them.

For example: insulting, threatening, manipulating, etc.



- **Sexual violence:**

Someone forces another person to have sex.

for example: touching, kissing, sex...

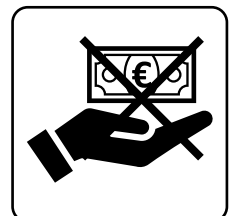
This person does **not** want to.



- **Financial abuse:**

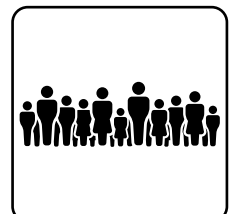
Someone controls what happens with money in the home.

For example: someone forbids another person to spend money.



## Who can be affected by violence at home?

Violence at home can happen to anyone.



# What can you do if you are a victim of violence at home?

## Search for help

Contact :

- A **person you trust**,
- the **police**,
- or a counselling centre.

For example: **Pro Familia in Dudelange.**

These are people who know exactly how to help.

They know that anyone can be a victim of violence at home.

Anyone who needs help can go and see them.

You can find help and protection there.



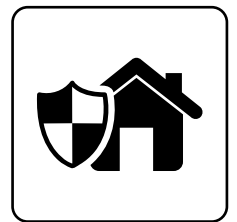
51 72 72 440

## Look for safe places

If possible go to a safe place.

A safe place is one where you **don't** experience violence.

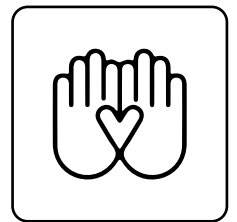
For example: a friend's house.



## Don't feel guilty

You are **not** responsible for the violence.

**No one** has the right to hurt another person.



## Where to find help?

If you experience or see violence at home:



**Police**  
113

or



**Hotline for  
victims of violence**  
2060 1060

25.11. - 10.12.

# ORANGE WEEK



Neen zur Gewalt géint Fraen\* a Meedecher\*

Non aux violences envers les femmes\* et les filles\*

## Orange Week

**Orange Week** shows:

Violence against women and girls is a big problem.

People all over the world participate.

Many buildings are lit up in orange.

There are also many events.

They inform people about the problem.

For example: exhibitions, meetings, ...

Orange Week takes place every year

from **25 November to 10 December**.

25 November is the **day against violence against women and girls**.

Orange Week ends on 10 December.

This is **Human Rights Day**.

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